

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: NCL

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 1: 100M BUTTERFLY MEN** **Heat:7, starttime: 09:39**

**Heat: 7/9 Lane : 1 Athlete: BARRETT ALEX** **Q-time: 00:57:87**

PB (50m pool):		PB (25m pool):		SB:
50 M	100 M			
PB				
.....	.....			

Coach feedback:

**Event number: 2: 100M BUTTERFLY WOMEN** **Heat:5, starttime: 09:51**

**Heat: 5/5 Lane : 4 Athlete: OBRIEN LUCY** **Q-time: 01:01:98**

PB (50m pool):		PB (25m pool):		SB:
50 M	100 M			
PB				
.....	.....			

Coach feedback:

**Event number: 3: 200M BACKSTROKE MEN** **Heat:4, starttime: 10:03**

**Heat: 4/5 Lane : 4 Athlete: IRWIN NEDDIE** **Q-time: 02:03:11**

PB (50m pool):		PB (25m pool):			SB:
50 M	100 M	150 M	200 M		
PB					
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Coach feedback:

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<b>Event number: 3: 200M BACKSTROKE MEN</b>					<b>Heat:5, starttime: 10:06</b>
<b>Heat: 5/5 Lane : 5 Athlete: COUSINS EMMET</b>					<b>Q-time: 02:03:93</b>
PB (50m pool):		PB (25m pool):		SB:	
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB					
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 5: 100M BREASTSTROKE MEN</b>			<b>Heat:7, starttime: 10:32</b>	
<b>Heat: 7/9 Lane : 6 Athlete: HARVEY SENAN</b>			<b>Q-time: 01:04:88</b>	
PB (50m pool):		PB (25m pool):		SB:
	<b>5 0 M</b>	<b>1 0 0 M</b>		
PB				
	.....	.....		

Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:4, starttime: 10:41</b>
<b>Heat: 4/6 Lane : 2 Athlete: CONNERY NIAMH</b>		<b>Q-time: 00:33:97</b>
PB (50m pool):		PB (25m pool): SB:
	<b>5 0 M</b>	
PB		
	.....	

Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:4, starttime: 10:41</b>
<b>Heat: 4/6 Lane : 3 Athlete: KIDNEY ISABEL</b>		<b>Q-time: 00:32:22</b>
PB (50m pool):		PB (25m pool): SB:
	<b>5 0 M</b>	
PB		
	.....	

Coach feedback:

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<b>Event number: 7: 400M FREESTYLE MEN</b>							<b>Heat:2, starttime: 10:49</b>	
<b>Heat: 2/3 Lane : 4 Athlete: RYNN CORMAC</b>							<b>Q-time: 03:53:57</b>	
<b>PB (50m pool):</b>		<b>PB (25m pool):</b>			<b>SB:</b>			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
<b>PB</b>								
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Coach feedback:

<b>Event number: 7: 400M FREESTYLE MEN</b>							<b>Heat:3, starttime: 10:54</b>	
<b>Heat: 3/3 Lane : 5 Athlete: OBRIEN DENIS</b>							<b>Q-time: 03:56:99</b>	
<b>PB (50m pool):</b>		<b>PB (25m pool):</b>			<b>SB:</b>			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
<b>PB</b>								
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Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>					<b>Heat:6, starttime: 11:18</b>		
<b>Heat: 6/12 Lane : 2 Athlete: BARRETT ALEX</b>					<b>Q-time: 00:25:05</b>		
<b>PB (50m pool):</b>		<b>PB (25m pool):</b>			<b>SB:</b>		
	<b>5 0 M</b>						
<b>PB</b>							
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Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>					<b>Heat:9, starttime: 11:21</b>		
<b>Heat: 9/12 Lane : 8 Athlete: HARVEY SENAN</b>					<b>Q-time: 00:24:30</b>		
<b>PB (50m pool):</b>		<b>PB (25m pool):</b>			<b>SB:</b>		
	<b>5 0 M</b>						
<b>PB</b>							
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Coach feedback:

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<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:5, starttime: 11:31</b>
<b>Heat: 5/7 Lane : 4 Athlete: GODDEN MARIA</b>		<b>Q-time: 00:28:93</b>
PB (50m pool):		PB (25m pool): SB:
	<b>5 0 M</b>	
PB		
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Coach feedback:

<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:6, starttime: 11:33</b>
<b>Heat: 6/7 Lane : 3 Athlete: ROONEY CORA</b>		<b>Q-time: 00:30:10</b>
PB (50m pool):		PB (25m pool): SB:
	<b>5 0 M</b>	
PB		
	. . . . .	

Coach feedback: